



GENERAL ANAPHYLAXIS EMERGENCY PROCEDURES

1. Administer the epinephrine auto-injector (e.g. EpiPen®).

Don't hesitate. It can be life saving. Note the time the epinephrine auto-injector was administered.

The student should rest quietly. **DO NOT SEND THE STUDENT TO THE OFFICE.**

To give epinephrine auto-injector:

EpiPen® (Blue safety cap)

- Flip open the yellow cap of the EpiPen® or green cap of the EpiPen® Jr and remove from carrying case.
 - Form a fist around the unit with orange tip point down – needle comes out this end; never put thumb, fingers or hand over orange tip.
 - With your other hand pull off blue safety release cap.
 - Swing at a 90 degree angle, firmly pushing in (so tip does not slide and unit is activated).
 - You will hear a click. Designed to go through clothing.
 - Hold firmly against thigh for approximately 10 seconds to make sure mechanism does not retract needle too soon and all medication is delivered.
 - Remove unit from thigh – the orange needle cover automatically extends to cover the used needle.
2. HAVE SOMEONE CALL 911 (AMBULANCE) and inform the dispatcher that an individual is having an anaphylactic reaction.
 - The student should be rushed to the hospital by ambulance after administration of epinephrine auto-injector (e.g. EpiPen®). Give used epinephrine auto-injector (e.g. EpiPen®) to ambulance crew to take to the hospital. Any additional epinephrine auto-injectors (e.g. EpiPens®) should accompany the student in case a second injection is required if symptoms persist or recur.
 - The time when the first epinephrine auto-injector was administered should be noted so that the second epinephrine auto-injector (e.g. EpiPen®) can be administered in 5 to 15 minutes, if symptoms persist or recur. The provision of an adequate number of EpiPens® is the responsibility of the parent/guardian.
 3. NOTIFY PARENT/GUARDIAN
 4. If the ambulance has not arrived within 5 to 15 minutes and if the reaction continues or worsens, give a second epinephrine auto-injector (e.g. EpiPens®) if available.
 5. Even if symptoms subside entirely, this student must go to the hospital by ambulance.